



**PVINVITE.ORG**



# STOP BY FOR AWESOME GEAR, AND MUCH MORE!

[WWW.BREAKMARK.COM](http://WWW.BREAKMARK.COM)

breakmark



**FULL SUBLIMATION  
LONG SLEEVE**

**\$50.00**

**B/W MESH REVERSIBLES**  
FOREST/KELLY LOGO  
GOLD/WHITE LOGO

**\$30.00**



**FULL SUBLIMATION  
SHORTS**

**\$30.00**

**NAVY SHORT SLEEVE**  
GOLD/WHITE LOGO

**\$20.00**





**The Oxbow:** Formed by the historic course of the Connecticut River, and painted into American art history by Thomas Coles in 1839 today the Oxbow is an iconic feature of the Pioneer Valley. We are so grateful to the Oxbow Marina for graciously allowing us to host our event at their amazing location!

**About the Hosts:** Northampton High School boys and girls, “Blue Devils Ultimate” program is thrilled to host the 3rd annual Pioneer Valley Invitational in the shadow of the Mount Tom Range at the world famous Oxbow. A portion of the proceeds will be donated to Ultimate Peace, a non-profit that uses the sport of Ultimate to build bridges of understanding and friendship between youth who live in divided Middle Eastern communities. Funds will also support UltimateGood.org, a charitable organization that leverages the power of conscientious Ultimate Frisbee Players by enabling them to easily donate as part of their tournament registration fees. The remainder of any proceeds will support the growth of Ultimate at Northampton High School and in the Pioneer Valley.

We especially thank the players and parents of the BDU Ultimate Program for the countless hours of volunteer time spent to make this tournament a reality!



## Why Ultimate Peace?

Ultimate Peace is an organization that uses the sport of Ultimate to bring together Arab Israeli, Jewish Israeli, and West Bank Palestinian teenagers. UP supports 18 local communities year-round, sends a touring team of CITs to the US each spring, and for one week each summer 200+ youths from the region come together at Camp Ultimate Peace, a residential Ultimate camp located in southern Israel.

This July I will be traveling to the Middle East for my fifth summer with CampUP where I will be continuing my work training coaches, helping administrate the camp, and working with players from all over the region.



I am especially excited about this summer because my brother Caleb will be joining the staff at Camp as a Leader in Training. You can learn about his work at [UltimateJosh.com/Caleb](http://UltimateJosh.com/Caleb).

The work is infinitely rewarding and I am absolutely honored to be able to contribute my whole self to an organization that's doing so much to make the world a better place. Thank YOU for helping to make the world a better place by participating in the Pioneer Valley Invitational and helping to support Ultimate Peace.

I am asked on a regular basis if I have hope for the region. "Will there ever be peace?" is a question that comes up during almost every conversation I have about UP.

### **My answer is always an emphatic yes.**

I have such resolute faith because of the Ultimate Peace campers. I may not know each of the exact steps to creating peace in the region, but seeing what the campers are capable of each summer leaves me with no doubt that anything is possible.

If you'd like to learn more about Ultimate Peace, please visit me in tournament central any time this weekend. You can also read more about the organization at [UltimatePeace.org](http://UltimatePeace.org) and [UltimateJosh.com](http://UltimateJosh.com)

Thank you again for your support!

A handwritten signature in black ink that reads "Josh Zanna".



## Captain's Meeting Notes

### Introductions:

Tournament Director: Josh Seamon (802.748.9857)

TD Shadow: Anna Hall (802.922.2660)

Volunteer Director: Melinda Shaw (413.320.6771)

Please report your scores by texting them to Josh in this format: "Boys/Girls Team1 [score] Team2 [score]"

### All teams

- Start and cap your games on time; others need to play after you. Hard Cap goes on after 75 minutes.
- If the TDs think there is danger from lightning, we will clear the fields. There will be no discussion. The word of the TD is final. 5 horn blasts signals that you must immediately clear the field. A second set of 5 horn blasts means that each team needs to send a representative to tournament central.
- Shower in the locker rooms at Northampton High School, NOT at your host house.
- Important: clean up after yourselves when you move from field to field and at the end of the day.
- **Drive under 15mph on Island Rd. at all times.**
- Cursing or insults, including racial or gender slurs, will not be tolerated, either on or off the field.
- No disc spiking. At all. Ever.
- If you're not in the game you cannot make a call or tell someone in the game to make a call.
- We are not playing with soft caps.
- Do not go in the river.

### Rules and Tie Breakers

- We are using USA Ultimate's Rules of Ultimate, 11th edition
- All divisions will start with pool play. Championship bracket play will then follow in all divisions. In the case of tied win-loss records, we will use USA Ultimate Tie Breaker manual to determine placement.  
(<http://pvinvite.org/faq/#breaker>)
- Copies of the rules are available at tournament central.

### Game and Spirit Scores

- All games will be played to 15, win by 2. Hard point cap at 17. Note: Hard cap can mean some games will be played to less than 15 points. See below for details.

**Remember to submit your spirit scoresheet to Josh at the end of your games each day!**

### Time Between Pulls, Halftime, and Time Outs

- The receiving team must be ready within 70 seconds after the previous goal. The pulling team must release 90 seconds after the previous goal, as per 11th edition rules. Everyone should be polite but firm.
- A five-minute halftime will be taken when the first team reaches 8 points.
- If neither team has reached the 8 points 30 minutes before the hard cap, a five-minute halftime will be taken at the end of the currently played point.
- Each team is allowed two timeouts per half. No timeouts can be taken after hard cap or after a score of 14-14 is reached.

### Hard Cap

- Hard Cap is on 75 minutes into the round.
- A Hard Cap is declared after the current scoring attempt is completed. Scorekeepers and coaches must make sure that all teams and players are aware of the Time Cap.
- When a Hard Time Cap is declared (2 horn blasts) and the active point is finished, the game is over unless the score is tied, in which case a final point will be played.
- Immediately after a point is scored you are considered to be in the next point, even if the pull has not happened yet. (There is no time between points.) Half time is considered to be in the next scoring attempt.

### Game play

- **All games are mandatory and MUST be played.** A team that fails to play a game will most likely not be invited to a future Pioneer Valley Invitational.

### Trainers

- An athletic trainer or EMT will be stationed at Tournament Central all weekend
- Melissa Gramuglia, ATC, LAT (551-404-8291)

### Team Boxes and Water

- Each team will get a large team box. Extra food will be available at Tournament Central.
- Extra water will be available at Tournament Central
- Please bring full water bottles each morning! Please!
- White bags are for recycling and black bags are for trash

### **Saturday Night Dinner/Dance/Trade Night**

- The event will take place at the Northampton High School (380 Elm St., Northampton, MA 01060)  
4:15-7pm: Showers in the NHS lockers  
6-8pm: Dinner on at NHS  
6-10pm: Social Events, Bouncy Castles!  
7-10pm: Dance  
7:30pm: **All tournament picture [if possible!]**

**Note: Northampton HS does not open until 4:15pm.**

### **Bathrooms**

- Use the porto-potties, **NOT THE WOODS**. If you don't know where the porta-potties are, please ask at tournament central.

### **Volunteers**

- Any time you see a volunteer staff person, say thank you!

### **Hospitals**

Cooley Dickinson Hospital is 10 minutes away at 30 Locust Street, Northampton, MA 01061.

**Prizes:** The tournament will award 1st place, 2nd place, and Spirit awards and prizes in each division, sponsored by Breakmark. Awards will be presented after all games are completed on Sunday.

**Make sure to stop by the Breakmark tent for awesome tournament gear!**

### **Local Parent Support**

Got a random question about the area? Lost? Paul Jahnige (413.658.8810) is ready and willing to take your calls!

### **Special Thanks!**

Mick Duda and the Oxbow Marina, John Provost, Brian Lombardi, Kim Broussard and the staff of Northampton School District, Kara Dupre and the Athletic Department of Northampton High School, Jim Anspach and Smith Vocational High School

**Housing Hosts:** Arcadia Nature Center, Ellen Carlino (Pathways Co-Housing), Carin Clevidence, Linda and Laurel Davis-Delano, Duke Corliss, Mandy Gerry and Graham Ridley, Chris Haynes, Sheldon Snodgrass and Judy Goldman, Kris Holloway and John Bidwell, Adrienne Hornby, Karen and Saul Kuhr, Tamara Kupfer and Andy Sirulnik, Martha Lellman, Paul Jahnige and Sally Loomis, Sally, Nancy Lustgarten and Ned DeLaCour, Michael DiPasquale and David McGrath, Michaela O'Brien and Nat Reade, Michael Paulson (Stone Soup Concrete), Abbie Steiner, Kiki Zeldes (Rocky Hill Co-Housing), Jonah Zuckerman and Rebecca Busansky

### **Volunteers:**

#### **Executive Committee:**

Josh Seamon, Sheldon Snodgrass, Lee Feldscher, Paul Jahnige, Melinda Shaw, & Elliot Levine

**Housing Chair:** Megan Zinn

**Team Boxes Committee:** Eliot Levine

**Traffic and Parking Czar:** Jennifer Bryan

**Recycling/Composting:** Madge Evers

**USA Ultimate for their continued support, without which this event would not happen!  
And.... everyone else who made this event possible!**

**Dinner provided by:**

# THE BLACK SHEEP

79 Main St. Amherst 253-3442 [www.blacksheepdeli.com](http://www.blacksheepdeli.com)



## Ultimate in 10 Simple Rules

**The Field:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.

**Initiate Play:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

**Scoring:** Each time the offense completes a pass in the defense's end zone, the offense scores a point. Play is initiated after each score.

**Movement of the Disc:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc ("thrower") has ten seconds to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

**Change of Possession:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

**Substitutions:** Players not in the game may only replace players in the game after a score and during an injury timeout.

**Non-contact:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

**Fouls:** When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

**Self-Officiating:** Players are responsible for their own foul and line calls. Players resolve their own disputes.

**Spirit of the Game:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

## Sponsorship

We are very excited to have Breakmark return as the exclusive Apparel and Event Sponsor for the 2016 Pioneer Valley Invitational! We are thrilled to be working once again with Breakmark to design, produce and offer a full line of official PVI apparel for the event.

Our Sponsors!

# breakmark

We are also pleased to welcome Valley Solar as our 2016 Water Sponsor, helping us reduce waste, help the planet, and stay hydrated.



2016 Field Sponsors include:

dBpm Records / Solid Sound Festival – Supporting the Northampton Survival Center

[Spikeball!](#) The next great american sport!

[Golden Moments Spa, Northampton!](#)

Northampton HS Athletics!



**Golden Moments Adult Day Health Spa**

*Safe & Affordable Alternative to In-Home Care*

*Serving Hampshire County*



**STONE SOUP CONCRETE**

## Directions/Addresses

**Playing Fields:** Are at the Oxbow Marina at 180 Island Road, Northampton, MA.

**From the South:** Take I-91 to Exit 18. Turn right at the end of the ramp. Travel .8 miles on Route 5. Turn Right on to Island Road and **drive under 15 mph** to the end. Parking is on the left at the fields.

**From the North:** Same as above.

**From Northampton Area:** Take Route 9 East to Northampton Center. Turn Right on Pleasant Street / Route 5. Drive 2 miles south. Turn Right on to Island Road and **drive under 15 mph** to the end. Parking is on the left at the fields.

**Showers, Dinner and Social:** Are at Northampton High School located at 380 Elm St., Northampton, MA 01060. **NOTE: Northampton HS is NOT open for use until 4:15pm.**

**Remember to drive under 15pm at ALL TIMES on Island Road!**

**From the Oxbow:** Head Northeast on Island Road. Bear left on Conz/Pleasant St after .5 miles. Continue on Conz for .5 miles and turn left onto Old St. and after .1 miles turn right onto New St. until you get to Main St. Turn left onto Main (which turns into Elm) and continue for 1.3 miles to NHS.

**Hospital:** Cooley Dickinson, 30 Locust Street, Northampton, MA

**From the Oxbow:** Head northeast on Island Road. Turn Left on Route 5. Drive for 1.3 mile, Turn Left on Conz Street. Drive .5 miles, Turn Left on to Old South Street. Drive .1 mile, Turn Right on to South Street. Drive .2 miles, Turn Left on to Main Street / Elm Street. Drive 1.4 miles, Elm Street becomes Locust Street. Cooley Dickinson Hospital is on the Left.

## PRIZES!

This Year, we are upping the ante on prizes!

**Every Player** will get free sunglasses and temp tattoos.

**Winning teams** in the Open A, B and Women's divisions will get a credit for up to 20 quarter zips with a 1 color screen printed logo of your choice! (That's a value of \$35 each)

**Second place teams** in the Open A, B and Women's divisions with a credit for up to 20 sweatshirts with a 1 color screen printed logo.

But Wait! **Third place teams** in the Open A, B and Women's divisions with a credit for long sleeve jerseys with a 1 color screen printed logo.

There's more! Breakmark will provide the **Spirit Winners** in the Open A, B and Women's division with Spirit Shorts.

Plus, **all teams** attending the Pioneer Valley Invitational will get 10% off all team merchandise (not including any sales, deals, or packages) purchased from date proposal is accepted through December 31, 2016. AND other games and prizes at the discretion of the Tournament Team!

## Spirit of Coaching

**Background:** The role of the coach at all levels of Ultimate is unique in a sport that places on-field player authority above non-player influence. As non-players the coach's authority must not extend to the on-field officiating process. Coaches may be faced with situations where they are able to correct the self-officiating process and ensure the correct outcome to a given play. In this situation, coaches must not interfere in the officiating process, in order to ensure that players learn and take responsibility for officiating. Coach interference in the decision making process, even in the most egregious violations, will indicate to players that the coach and not the players have the ultimate responsibility for ensuring the inherent fairness of the game. Teaching players the rules and how to implement them should be done at practices or off of the field. It is the coach's responsibility to ensure that the players understand their own responsibilities as players and teach players how to handle those responsibilities.

### Guidelines:

- Coaches should introduce themselves to the other coaches prior to a game and discuss concerns. This could potentially include the level of play, the level of intensity (e.g. spiking and rushing the field), and possible modifications to the captain's clause (e.g. prohibiting zone for new teams or footblocking).
- Because the potential for misperception is high, spiking is prohibited at the youth level unless otherwise agreed upon by the coaches or captains. Spiking in a disrespectful manner is never ok at any level.
- Coaches will not make calls from the sideline nor offer their opinion on a play. Coaches should encourage players to come to a resolution on their own, and if asked during a dispute coaches may offer rules clarifications. After a dispute a coach may talk to his or her own player about the dispute and offer opinions.
- Youth coaches will make an effort to educate parents about Spirit of the Game and work to create a sideline atmosphere that respects Spirit of the Game.
- Coaches will teach and give players opportunities to practice knowledge of the rules of Ultimate.
- Coaches will always exhibit respect for opposing players.
- Coaches will always exhibit respect for other coaches.
- Coaches will always exhibit respect for observer
- Coaches will model Spirit of the Game at all times



### How to read the schedules:

**A1 = The team ranked 1st in the A pool at the BEGINNING of pool play**

**1A = The team ranked first in the A pool at the END of pool play**

**All lower case letters are game names**

**Wa = The winner of game "a"**

**La = The loser of game "a"**

## Pool Play

### 2016 Pioneer Valley Invitational - Girls Division

	Pool A				Pool B				Pool C				Pool D					
		(1) A1 Northampton V	(8) A2 Andover	(9) A3 Montpelier	(2) B1 Four Rivers V	(7) B2 Concord-Carlisle	(10) B3 Beacon	(3) C1 Cape Elizabeth	(6) C2 Longmeadow V	(11) C3 Newton North	(14) C4 Northampton JV	(4) D1 Ottawa X	(5) D2 PVPA	(12) D3 Somerville	(13) D4 Longmeadow JV			
<b>Saturday</b>		F#	Score			F#	Score			F#	Score			F#	Score			
9:00am - 10:15am	A2vA3	14			B2vB3	15			C1vC4	16			D1vD4	18			D2vD3	19
10:45am - 12:00pm	A1vA3	14			B1vB3	15			C1vC3	16			D1vD3	18			D2vD4	19
12:30pm - 1:45pm	A1vA2	14			B1vB2	15			C1vC2	16			D1vD2	18			D3vD4	19
3:00pm - 4:15pm	<b>Rest</b>																	
	<b>Pre-Quarters</b>																	

### 2016 Pioneer Valley Invitational - Boys Division

	Pool A						Pool B					
		(1) A1 Northampton V	(4) A2 Newton North	(5) A3 Amherst JVA	(8) A4 Falmouth	(2) B1 Longmeadow V	(3) B2 Ottawa V	(6) B3 Concord-Carlisle A	(7) B4 Middletown			
<b>Saturday</b>		F#	Score		F#	Score		F#	Score		F#	Score
9:00am - 10:15am	A1vA4	1		A2vA3	2		B1vB4	3		B2vB3	4	
10:45am - 12:00pm	A1vA3	1		A2A4	2		B1vB3	3		B2vB4	4	
12:30pm - 1:45pm	A1vA2	1		A3vA4	2		B1vB2	3		B3vB4	4	
3:00pm - 4:15pm	<b>Rest</b>											
	<b>Pre-Quarters</b>											

### 2016 Pioneer Valley Invitational - Boys Division

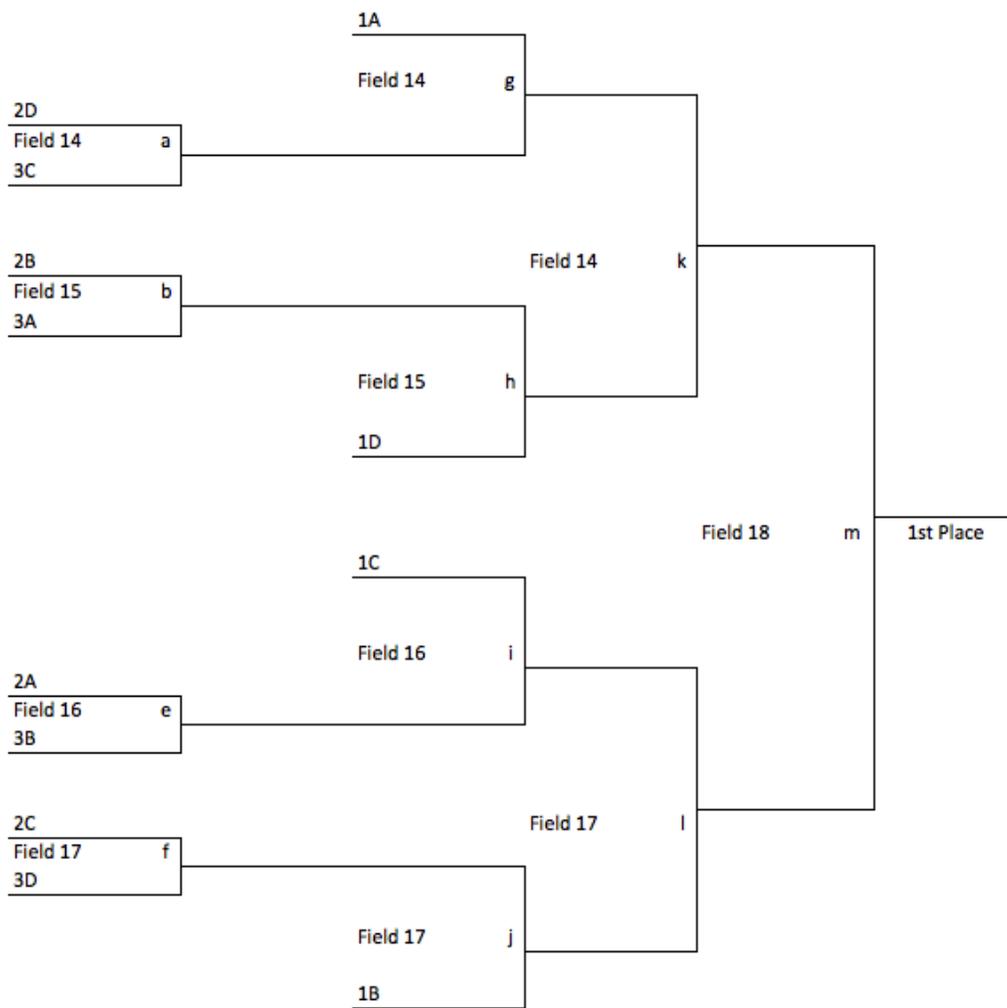
	Pool C				Pool D				Pool E			
		(9) C1 Montreal	(20) C2 Amherst JVB	(21) C3 Mamaroneck	(10) D1 Andover	(19) D2 Four Rivers JV	(22) D3 Columbia JV	(11) E1 PVPA	(18) E2 Hopkinton	(23) E3 Concord-Carlisle B		
<b>Saturday</b>		F#	Score			F#	Score			F#	Score	
9:00am - 10:15am	C2vC3	5			D2vD3	6			E2vE3	7		
10:45am - 12:00pm	C1vC3	5			D1vD3	6			E1vE3	7		
12:30pm - 1:45pm	C1vC2	5			D1vD2	6			E1vE2	7		
3:00pm - 4:15pm	<b>Rest</b>											
	<b>Pre-Quarters</b>											

### 2016 Pioneer Valley Invitational - Boys Division

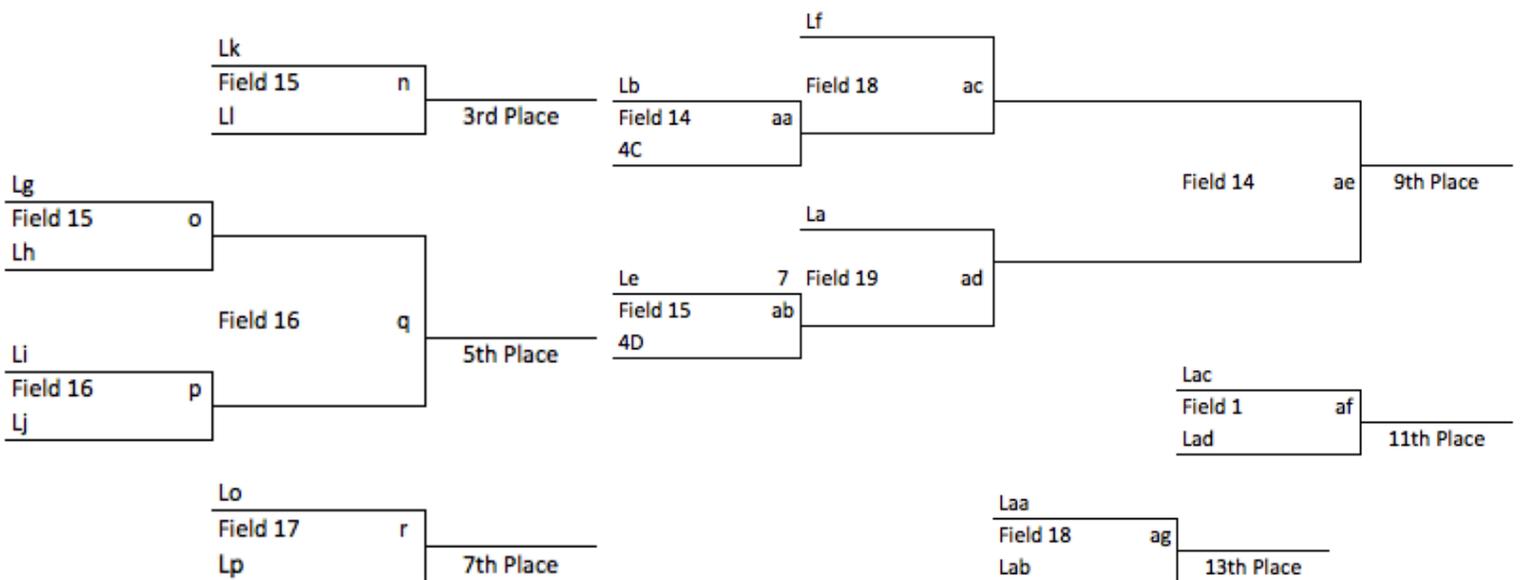
	Pool F						Pool G						Pool H					
		(12) F1 WW-P HS North	(17) F2 Worcester	(24) F3 Scarsdale	(29) F4 Northampton JVB	(13) G1 Cape Elizabeth	(16) G2 Northampton JVA	(25) G3 Acton-Boxborough	(28) G4 Needham B	(14) H1 Hartsbrook	(15) H2 Ottawa JV	(26) H3 Longmeadow JV	(27) H4 VT Commons					
<b>Saturday</b>		F#	Score		F#	Score			F#	Score			F#	Score				
9:00am - 10:15am	F1vF4	8		F2vF3	9		G1vG4	10		G2vG3	11		H1vH4	12		H2vH3	13	
10:45am - 12:00pm	F1vF3	8		F2vF4	9		G1vG3	10		G2vG4	11		H1vH3	12		H2vH4	13	
12:30pm - 1:45pm	F1vF2	8		F3vF4	9		G1vG2	10		G3vG4	11		H1vH2	12		H3vH4	13	
3:00pm - 4:15pm	<b>Rest</b>																	
	<b>Pre-Quarters</b>																	

# Saturday Crossover & Sunday Schedules: Girls Division

**Saturday** 3:00 - 4:15     
 **Sunday2** 10:45 - 12:00     
 **Sunday3** 12:30 - 1:45     
 **Sunday4** 2:15 - 3:30

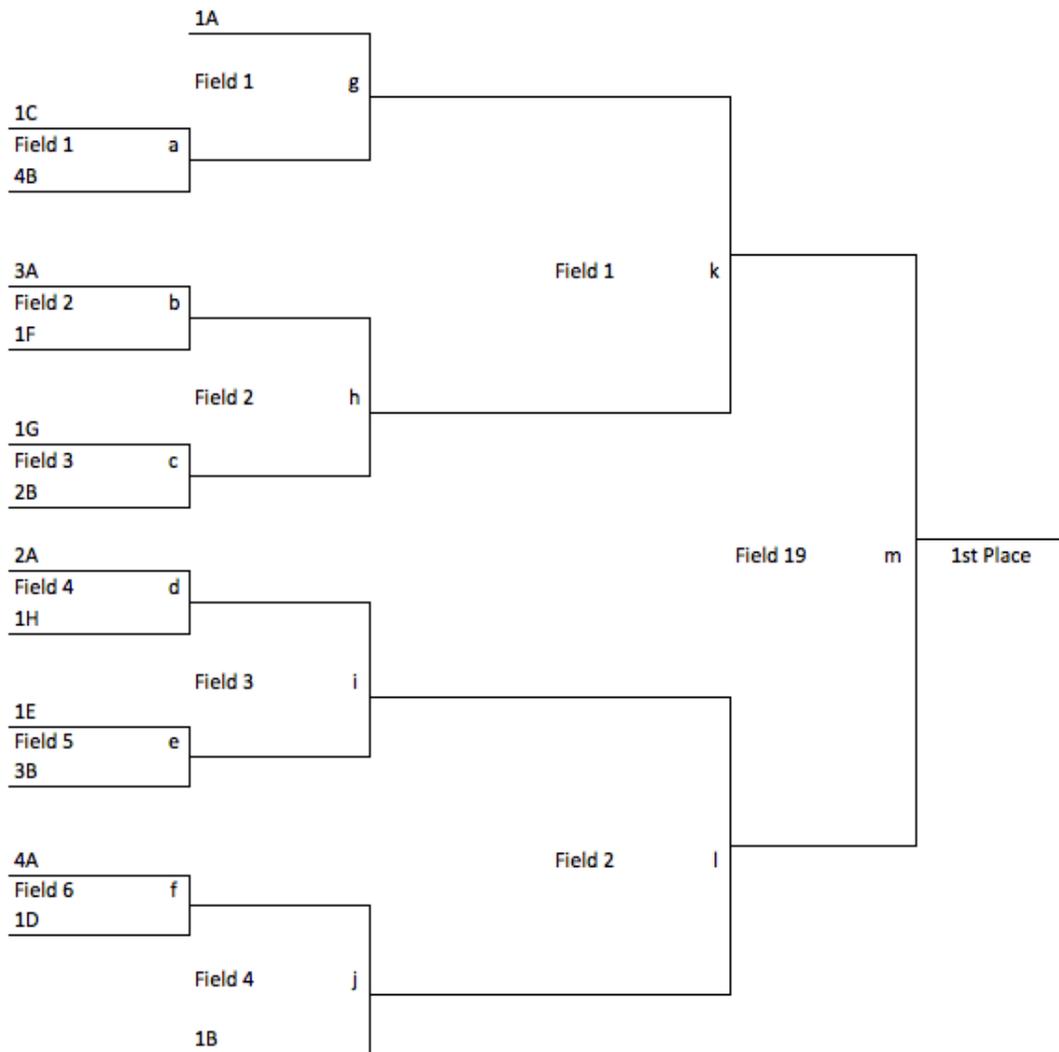


**Sunday3** 12:30 - 1:45     
 **Sunday4** 2:15 - 3:30     
 **Sunday1** 9:00 - 10:15     
 **Sunday2** 10:45 - 12:00     
 **Sunday3** 12:30 - 1:45     
 **Sunday4** 2:15 - 3:30



# Saturday Crossover & Sunday Schedules: Boys A Division

Saturday	Sunday1	Sunday2	Sunday3	Sunday4
3:00 - 4:15	9:00 - 10:15	10:45 - 12:00	12:30 - 1:45	2:15 - 3:30



**Sunday3**  
12:30 - 1:45

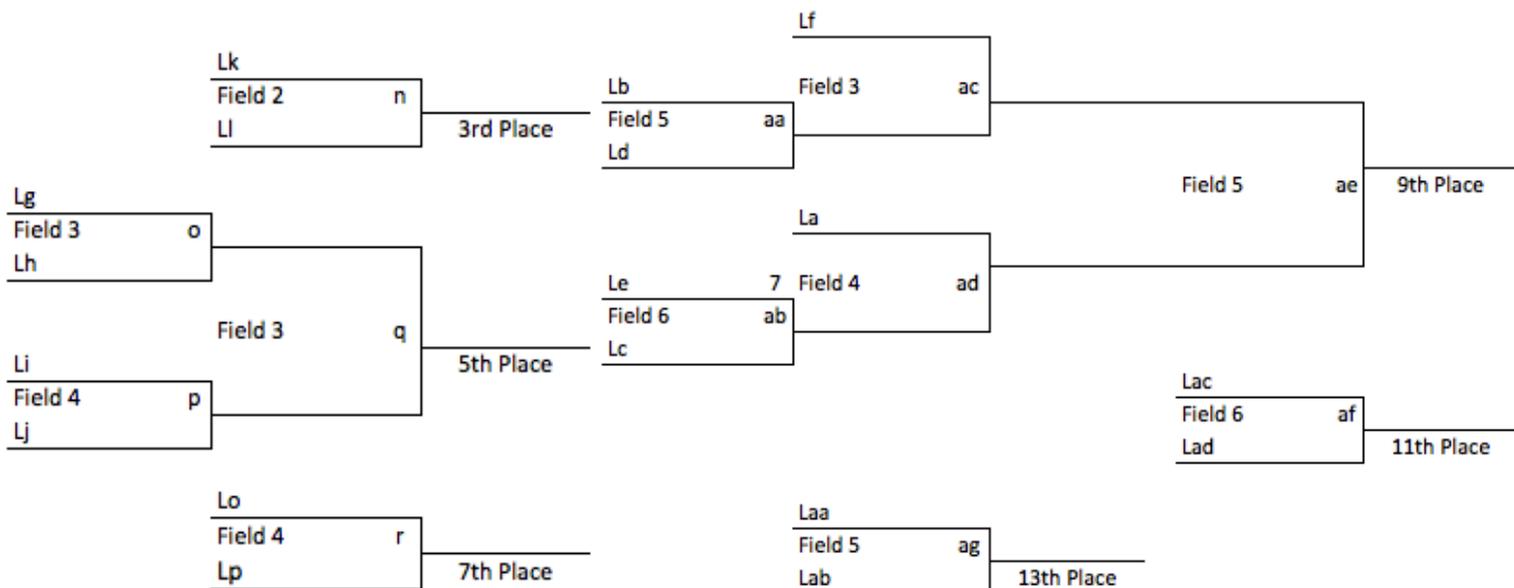
**Sunday4**  
2:15 - 3:30

**Sunday1**  
9:00 - 10:15

**Sunday2**  
10:45 - 12:00

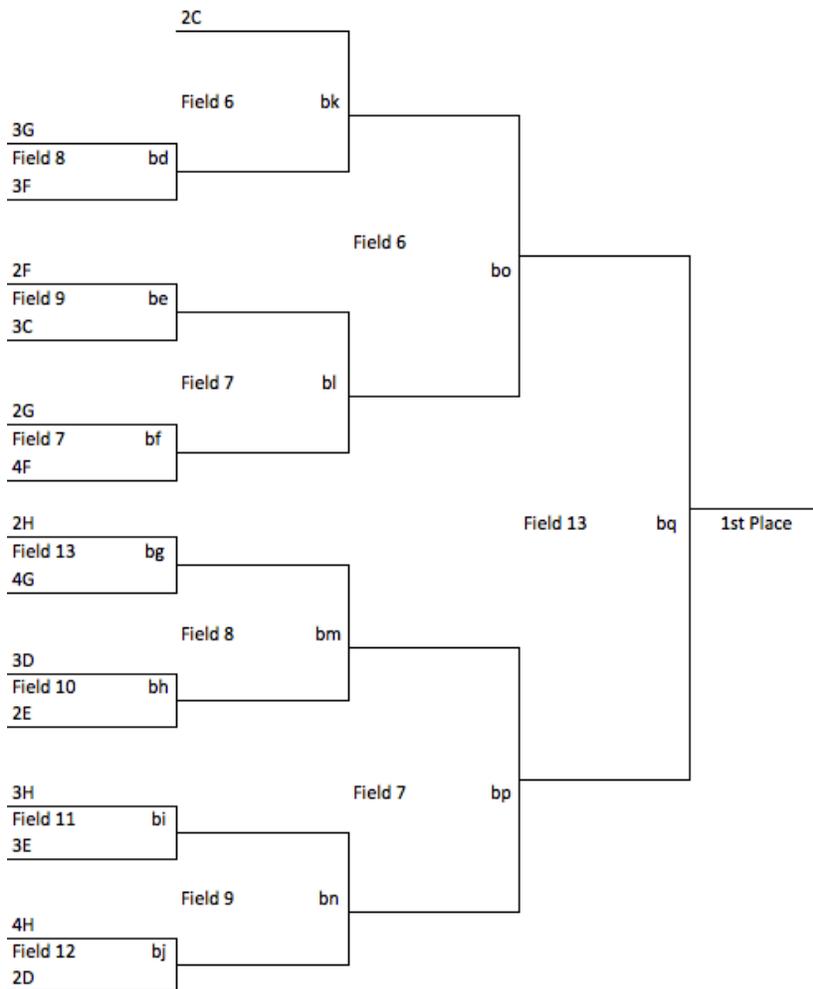
**Sunday3**  
12:30 - 1:45

**Sunday4**  
2:15 - 3:30

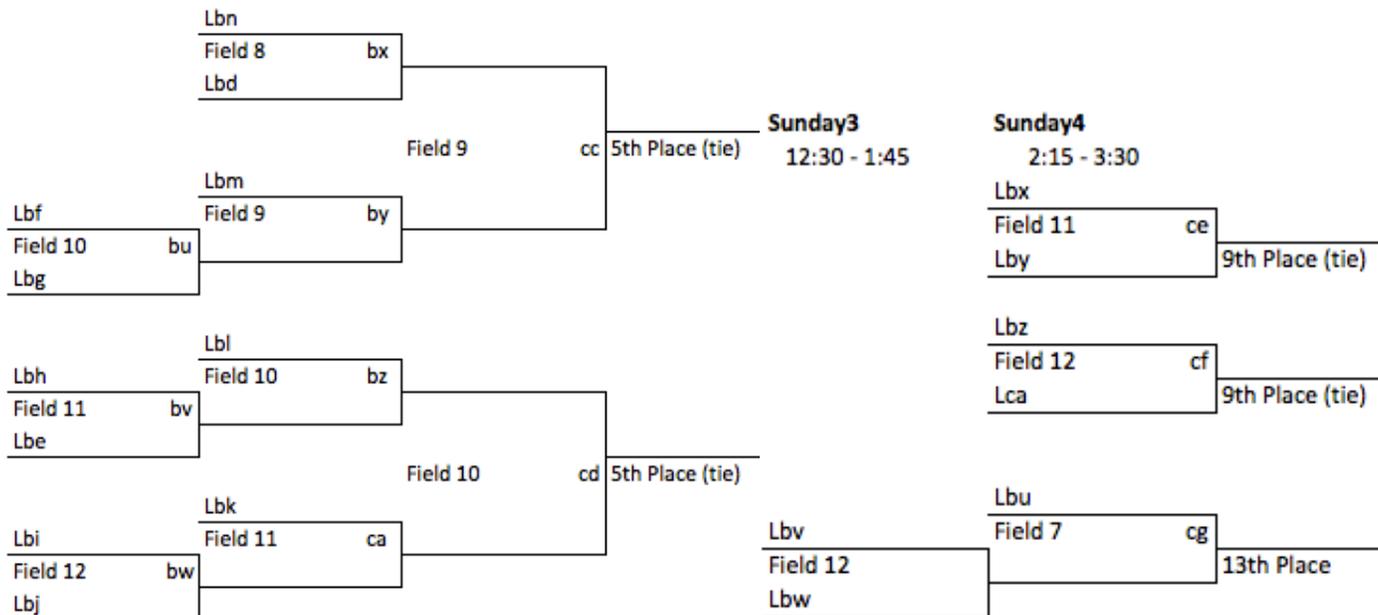
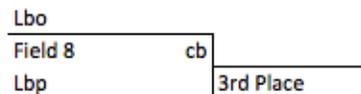


# Saturday Crossover & Sunday Schedules: Boys B Division

**Sunday1** 9:00 - 10:15     
 **Sunday2** 10:45 - 12:00     
 **Sunday3** 12:30 - 1:45     
 **Sunday4** 2:15 - 3:30



**Sunday2** 10:45 - 12:00     
**Sunday3** 12:30 - 1:45     
**Sunday4** 2:15 - 3:30



# Field Map



## Parent Resources

### **Welcome! Teams, coaches, players, parents, family members & friends to the Pioneer Valley Invitational!**

This section is designed to provide information for those traveling to the tournament. Please let us know if you have other questions.

#### **Field and Social Sites:**

**The Oxbow:** The main field site is a wonderful location at the Oxbow Marina Fields, 180 Island Road, Northampton, MA.

**Showers, Dinner and Social:** Are at Northampton High School located at 380 Elm St., Northampton, MA 01060

#### **Places to Eat:**

Northampton and the surrounding towns have more places to eat than you can throw a disc at. However, May 16 and 17 is college graduation weekend. Do not plan to go to a popular restaurant without reservations, and we recommend avoiding downtown Northampton at meal time. Ask your host for local suggestions and call ahead. Some potential suggestions include:

In Florence:

- Great Wall, 176 Pine St
- Florence Pizza, 60 Main St

Near Easthampton:

- Red Rock Pizza, 15 College Highway, Southampton

In Williamsburg:

- A1 Pizza, 35 Main St
- Panda Garden, 49 Main St

#### **Trails, Hikes and Views:**

- New England Trail, Mt Tom State Reservation (overlooking the Oxbow)  
125 Reservation Rd, Holyoke, MA  
Offers excellent views of the Pioneer Valley and the Oxbow

- Arcadia Wildlife Sanctuary  
127 Combs Rd, Easthampton, MA 01027  
Trails and wildlife viewing

- Fitzgerald Lake Conservation Area  
95 North Farms Road, Northampton, MA  
Trails and wildlife viewing

- Skinner State Park, Mt Holyoke Range  
10 Skinner State Park Rd., Hadley, MA  
Offering view of the Pioneer Valley and miles of hiking and mountain biking trails

#### **Rail Trails:**

- Manhan Rail Trail  
Route 5, just south of the Oxbow  
Accessible, 6-mile rail trail linking Northampton, Easthampton and Southampton

- Northampton Bike Path  
Trailhead parking at Stop & Shop, 240 King St., Northampton  
Trailhead parking at Vets Field, 90 West St., Northampton

#### **Pay for Fun:**

- Laser tag, Hampshire Mall, Hadley, MA
- Look Park, Florence, MA - Mini-golf, bumper boats, etc.
- Bowling, Route 5 north of the Oxbow, Northampton, MA

#### **Culture and Other Cool Stuff**

- Dinosaur Footprints Reservation  
Route 5, a couple miles south of the Oxbow, Holyoke, MA
- Holyoke Heritage State Park  
221 Appleton St., Holyoke, MA
- Smith College Art Museum  
20 Elm St., Northampton, MA

## WFDF Spirit Scoring Rubric

Every team will rate every other team in each of the following areas after each game. Please make sure to return your spirit scoring sheets at the end of all of your games on Saturday and Sunday!

### 1. Rules Knowledge and Use

Examples: They did not purposefully misinterpret the rules. They kept to time limits .When they didn't know the rules they showed a real willingness to learn

### 2. Fouls and Body Contact

Examples: They avoided fouling, contact, and dangerous plays.

### 3. Fair-Mindedness

Examples: They apologized in situations where it was appropriate, informed teammates about wrong/ unnecessary calls. Only called significant breaches

### 4. Positive Attitude and Self-Control

Examples: They were polite. They played with appropriate intensity irrespective of the score. They left an overall positive impression during and after the game.

### 5. Communication

Examples: They communicated respectfully. They listened. They kept to discussion time limits.

#### Past Results:

Year	Division	1st	2nd	3rd
2014	Girls A	Ottawa	PVPA	Amherst JVA
2014	Girls A Spirit	Montpelier V	Northampton V	Needham A
2014	Girls B	Beacon	Cumberland	Amherst JVB
2014	Girls B Spirit	Cumberland	Longmeadow B	Northampton JV
2014	Boys A	Ottawa	Northampton V	Concord-Carlisle A
2014	Boys A Spirit	Concord-Carlisle B	Falmouth	PVPA
2014	Boys B	Cumberland	Needham B	Cape Elizabeth & CHS JV
2014	Boys B Spirit	North Country	Montpelier JV	Attleboro
2015	Girls	Northampton V	Four Rivers V	Ottawa
2015	Girls Spirit	Needham A	Montpelier	Newton North
2015	Boys A	Northampton V	Newton North	Concord-Carlisle A
2015	Boys B	Fryeburg	Longmeadow B	Columbia JV
2015	Boys Spirit	Acton-Boxborough	Hartsbrook	Amherst JVA

breakmark

# GET READY FOR SUMMER TOURNAMENTS!

## SCREEN PRINT TANKS:

**\$17** 1 COLOR LOGO  
ADD #S FOR \$3/TANK



## REVERSIBLES:

1 COLOR LOGO ON EACH SIDE **\$20**  
ADD #S FOR \$7/REVERSIBLE

## SPOT SUB TANKS:

1 DESIGN AREA **\$20**  
ADD #S FOR \$5/TANK



## FULL SUB TANKS:

FULL COVERAGE DESIGN **\$30**  
ADD #S FOR \$5/TANK

CONTACT BREAKMARK FOR  
MORE DETAILS:

SALES@BREAKMARK.COM  
978.540.0987

FREE GROUND SHIPPING FOR  
ORDERS OF 12+ PIECES

Instagram [INSTAGRAM.COM/BREAKMARK](https://www.instagram.com/breakmark)  
Twitter [TWITTER.COM/BREAKMARKULTI](https://twitter.com/breakmarkulti)  
Facebook [FACEBOOK.COM/BREAKMARK](https://www.facebook.com/breakmark)

[WWW.BREAKMARK.COM](http://WWW.BREAKMARK.COM)